

Auditory Processing Games



To help you take in what you hear and remember it!

1. 'I went shopping and I bought...'

The first person says what they bought. The next player repeats the first person and adds another item.

Play continues with each person repeating the phrase as it gets longer and longer.

This game can be varied endlessly e.g.

'I went to the beach and saw...'

'I went to the cinema and I saw.....which starred.....'

2. Opposites

Say a sentence and the other person has to recall the opposite of the sentence e.g.

'The quick hairy spider scuttled under the big rock.'

becomes

'The slow smooth spider crawled over the little rock.'

3. In Reverse

Give the person a string of numbers which they must say back to you in reverse order. Begin with two numbers and increase to three, then four etc.

e.g. You say "5 8 3 7" and they should say "7 3 8 5"

4. THE One Before

Ask the person a question. They must hold the answer in their memory. You then ask the person another question. They must give you the answer to the first question and hold the answer to the second question in their head. Continue in this way. This can be very funny if you prepare your questions before hand.